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## **CPD Training in Early Years Physical Activity Adventure Pack (PAAP)** **Unlock the Power of Physical Activity with PAAP Training**

Are you an Early Years practitioner passionate about enhancing the physical development of the children in your care? Join us for a full day of interactive training focused on the Physical Activity Adventure Pack (PAAP). This comprehensive Continuing Professional Development (CPD) session equips you with the knowledge, tools, and strategies to implement developmentally appropriate physical development (PD) and physical education (PE) practices tailored to young children.

### **What Will You Learn?**

#### **Our CPD training is designed to empower Early Years staff with:**

- **Understanding Developmental Milestones:** Learn the key stages of physical development in young children and how they impact learning and well-being.
- **Effective Use of PAAP:** Explore how to integrate the Physical Activity Adventure Pack into daily routines to foster fundamental movement skills and physical literacy.
- **Interactive Strategies:** Engage in hands-on activities that demonstrate how to create meaningful and enjoyable physical activity experiences.
- **Bridging the Gap:** Understand how to transition seamlessly from play-based physical development in the Early Years Foundation Stage (EYFS) to structured physical education in Key Stage One (KS1).
- **Inclusive Practices:** Gain insights into adapting physical activities to cater to diverse needs and abilities, ensuring every child can participate and thrive.

### **Why Choose Our Training?**

- **Expert-Led:** Our trainers are specialists in Early Years physical development, bringing years of experience and practical knowledge to the session.
- **Interactive and Engaging:** Participate in dynamic, hands-on activities that model the practices you can implement in your own setting.
- **Tailored Content:** The training is designed specifically for Early Years educators, focusing on realistic and achievable strategies.
- **Ongoing Support:** Receive access to follow-up resources and support to help you implement what you've learned effectively.



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## Who Should Attend?

This training is perfect for:

- Nursery and Reception teachers
- Early Years Practitioners
- Teaching Assistants
- PE Coordinators in Early Years settings
- Childcare Providers and Managers
- PE Leads

## Training Details

- Full Day Duration: 9.30am-3.30pm
- Half day/Twilight x 2, 3.30pm-5.30pm
- Cost: £850 plus travel

## What Participants Say

“The PAAP training was fantastic! It gave me practical ideas to make physical activities more engaging for my class.” – Early Years Teacher

“I feel much more confident about using physical activity to support children’s development after attending this training.” – Nursery Practitioner

## Contact us to learn more:

- Email: [paap@musicandmovement.org.uk](mailto:paap@musicandmovement.org.uk)
- Phone: +44 (0) 7929324965
- Website: <https://www.musicandmovement.org.uk/paap-physical-activity-adventure-pack/>

Together, let’s inspire a love of movement and play in every child.

Physical Activity Adventure Pack (PAAP)