

# Family Play Questionnaire

## Welcome to our nursery/school

We are committed to providing your children with the best learning opportunities appropriate to their stage of development and interests. In order to prepare and plan our environment and provision to best suit your child's needs, we would like to ask a few questions to offer an insight into all the family activities and experiences you share together. Thank you.

How many children do you have in the family home?

- 1     2     3     4     5+

Do you have a garden?

- Yes     No     Other

What type of physical play do you enjoy together?

- Going to the park?                       Yes |  No  
Family Sports?                               Yes |  No  
Tumble play?                                 Yes |  No  
Dance?                                         Yes |  No  
Walking?                                       Yes |  No  
Cycling?                                       Yes |  No  
Extracurricular activities?               Yes |  No  
Swimming?                                   Yes |  No  
Other .....

How many hours of physical activity\* does your child access during an average week?

- 1-3     3-5     5-7     7-10     10+

How important is physical activity to your family?

- 1     2     3     4     5

Not at all                                      Extremely important

My child is the most active person in the family?

- 1     2     3     4     5

False    True

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False    True

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## Continued

How often do you visit parks/green spaces in an average week?

- x 1     x 2     x 3     x 4     x 5+

As a parent what do you most enjoy doing as a family?

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.....  
.....

Can your child do any of the following? (circle if yes)

Cycle    Scoot    Climb a small tree

Climb a ladder    Swing on a bar/branch

Put on their coat independently    Self Toilet

Put on their shoes    Remove their shoes

Walk backwards    Roll on their tummies

Jump with two feet together    Hop on one foot

Clap their hands behind their back

Any other information you wish to tell us about your family's physical play?

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